### **JULY 2021**

## COMMUNITY IMPACT REPORT





## **Building Better Communities**

Junior League of Northern Virginia's commitment to promoting lifelong healthy habits is brought to life each year through our support of local community partners through both volunteer hours and funding. In July, JLNV was proud to work closely with JK Community Farm, Main Street and the Tysons-Pimmit Regional Library to implement 54 hours of volunteer work and programing focused on physical activity, healthy eating and food access.

#### Community Partner Spotlight: The JK Community Farm

The JK Community Farm is a 150-acre working farm in Purcellville growing over 50 varieties of vegetables, fruits, protein and herbs



solely for the food insecure, donating 100% of everything grown. JNLV began supporting JK Community Farm in 2020 both through grants and volunteer hours to help address food insecurity in local communities.

## Kids in the Kitchen and Physical Activity

Bringing together healthy eating and physical activity, Kids in the Kitchen and Physical Activity jointly:

- Volunteered 10 hours with Main Street, teaching 5 students about Superhero Veggies and the importance of staying active.
- Volunteered 6 hours with Tysons-Pimmit Regional Library, teaching 15 kids about the importance of eating vegetables and offering 10 kids thirty minutes of fun physical activity.
- JNLV members volunteered an additional 5 hours by creating Activity Packs and delivering resources to community partners.

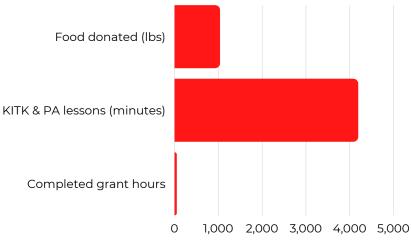


Food Access

 Volunteered 33 hours with JK Farms to plant and glean fresh produce for families in need. In total, nearly 230 pounds of cucumbers, tomatoes, peppers and summer squash were gleaned while 500 watermelon seeds were planted.

#### Year-to-Date Stats

In the first two months of the League year, members have worked with multiple community partners, including Homestretch, Main Street and Tysons-Pimmit Regional Library and JK Community Farms.



#### Grants

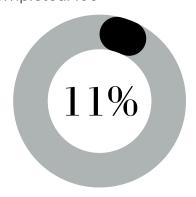
We have volunteer hours on the calendar with all 5 of our 2021-2022 grantees, including JK Farms, Lorton Community Action Center, Falls Church/McLean Children's Center. Girls on the Run, and Arcadia! Register now on Digital Cheetah to support these special organizations.



#### Volunteer Hours

In July, Junior League members donated 54 hours to four community partners.

Hours pledged: 880Hours completed: 100



## Upcoming

On September 8th, Community Council is partnering with Mason Crest Elementary for the 3rd year in a row to help start their school year off with a bang! We'll be assisting with their "Welcome Back" family night by offering fun and educational activities for the kids as parents attend informational sessions with teachers.

Volunteers will help facilitate Kids in the Kitchen and Physical Activity stations for up to 100 kids throughout the night. We need all hands on deck from 4:15-7:15pm to make this event a success!



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ikcommunityfarm Today we accomplished so much with our wonderful volunteers, we planted 500 watermelon seedlings, filled raised beds, and harvested 227.8 lbs of cucumber, tomatoes, peppers, and summer squash which we sent to @afacfeeds straight from the field with some of our beautiful @cedarlakefarm flowers \$\infty\$

Thank you! @jlnorthernva @afacfeeds @ashburncomets View 1 comment

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## What Our Partners are Saying

"Today we accomplished so much with our wonderful volunteers, we planted 500 watermelon seedlings, filled raised beds, and harvested 227.8 lbs of cucumber, tomatoes, peppers, and summer squash which we sent to Arlington Food Assistance Center (AFAC) straight from the field with some of our beautiful @cedarlakefarm flowers.

Thank you! Junior League of Northern Virginia
Arlington Food Assistance Center (AFAC) Ashburn Comets"

JK Community Farms