

JUNE 2021

# COMMUNITY IMPACT REPORT



## Building Better Communities

With 1 in 8 Americans projected to experience food insecurity in 2021, and many struggling with diet-related chronic diseases, including type 2 diabetes and high blood pressure, Junior League of Northern Virginia's commitment to healthy eating and promoting lifelong healthy habits is more important than ever. Over the next year, we will be volunteering with our grant partners to meet the needs of children and families in our own backyard.

During June, our work has continued to focus on reaching children throughout the community in new ways with both in-person and remote impact opportunities. League members gave more than 40 hours of time and talents, volunteering directly with four of our community partners to provide nearly 3,000 minutes of instructional activities to local kids.

## Kids in the Kitchen and Physical Activity

Bringing together healthy eating and physical activity, Kids in the Kitchen and Physical Activity jointly:

- Volunteered 8 hours with Homestretch, teaching 24 kids about energy by making Power Balls and playing Simon Says.
- Volunteered 8 hours with Main Street, delivering food and teaching 17 students about portion sizes and energy by making Mini Pizzas and playing Simon Says.
- Volunteered 12 hours with Tysons-Pimmit Regional Library, teaching 10 kids about energy by making Power Balls and the importance of staying active by playing parachute and egg and spoon races.

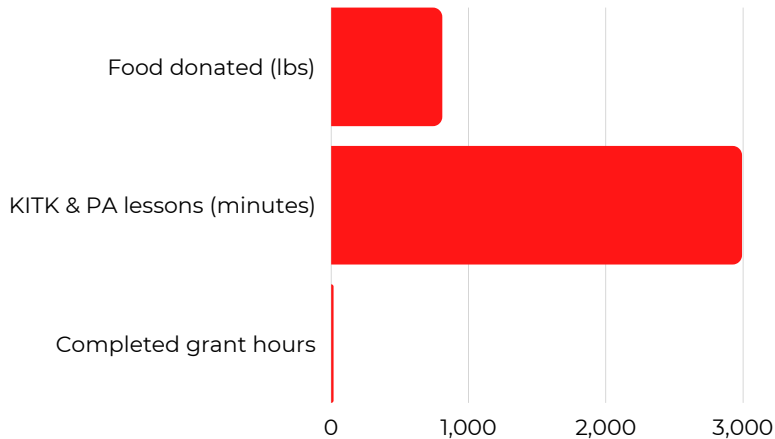


## Food Access

- Volunteered 15 hours with JK Farms to plant and glean fresh produce for families in need. In total, 807 pounds of greens (lettuce, broccoli and spinach) were gleaned while 1,200 peppers and 5,000 sweet potato splits were planted.

## Year-to-date stats

In the first month of the League year, members worked with Homestretch, Main Street and Tysons-Pimmit Regional Library to provide 2,990 total minutes of KITK & PA lessons, plus donated 807 lbs of food through our work with JK Farms.



## Grants

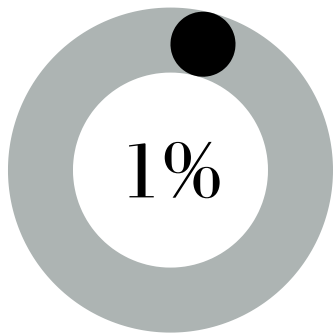
We granted \$10,000 dollars and up to 300 volunteer hours to JK Community Farms, Arcadia Farms, Girls on the Run NOVA, Falls Church/McLean Children's Center and Lorton Community Action Center.



## Volunteer Hours

In June, Junior League members donated more than 40 hours to four community partners.

- Hours pledged: 880
- Hours completed: 46



## Upcoming

At the September GMM, the Community Council will lead a done-in-a-meeting event to make 120 weekend power packs.

You can donate food items in August to help prepare for this event.

See Digital Cheetah for details.

## What Our Partners are Saying

"That was so fun! We love you!"  
*Participants, Homestretch*

