

JANUARY 2022

# COMMUNITY IMPACT REPORT



## Building Better Communities

January is National Poverty in America Awareness Month. According to the Census Bureau, the official poverty rate has been on the rise over the last few years. For instance, there were 37.2 million more Americans in poverty in 2020 compared to 2019. Among many other things, poverty affects access to healthy foods, nutrition, and overall health. The JNLV is committed to providing support for families through access to healthy foods and nutrition and physical activity programming.

### *Community Partner Spotlight: Falls Church-McLean Children's Center*

FCMLCC provides a comprehensive, high quality early childhood program designed to give all young children, regardless of their family's economic resources, a strong foundation on which to build the rest of their lives.

The Children's Center is using grant funds from the JNLV to create a nutrition curriculum. You can volunteer (virtually) at the Children's Center with Kids in the Kitchen and Physical Activity on Feb 11, March 11, and April 8.

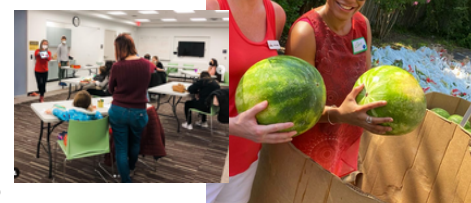


**Falls Church - McLean  
Children's Center**  
Providing a high-quality, early childhood education for all children, regardless of their family's resources.

## Kids in the Kitchen and Physical Activity

Bringing together healthy eating and physical activity, Kids in the Kitchen and Physical Activity jointly:

- Volunteered 8 hours with Falls Church-McLean Children's Center, teaching 68 students about energy and making yogurt parfaits.
- Volunteered 8 hours with Tysons-Pimmit Regional Library, teaching 19 kids about energy/why we move and making trail mix.
- Volunteered 2 hours with Bridges to Independence, teaching 2 kids about energy and making Spider Sandwiches.

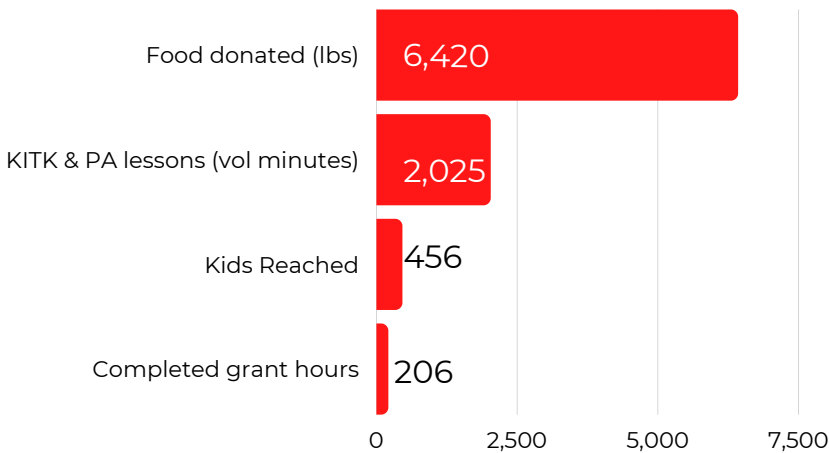


## Food Access

- Prepped for the Spring Food Drive
  - Join the New Member and Food Access Committees for the second Power Pack event this JNLV year! Food drive items will be collected at the beginning of March to make 150 weekend food packs for students in the Northern Virginia region. These items will then be used for the Spring New Member Project!
- Lookout for Spring Events coming to Digital Cheetah soon!

## Year-to-Date Stats

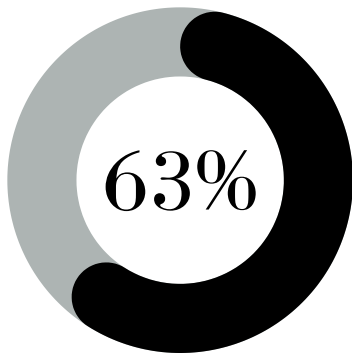
From June 2021 through January 2022, members have worked with 15 different community partners to implement KITK and PA programming, donate food and support the community.



## Volunteer Hours

In January, Junior League members donated 20 hours to 3 community partners.

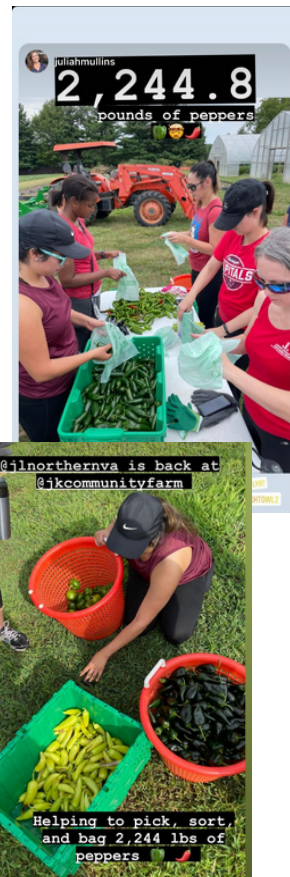
- Hours pledged: 880
- Hours completed: 557.5



## Grants

JLNV granted 300 hours this year to 5 organizations and has completed 206 hours to date.

Grant applications were received for the 2022-2023 league year. The grants selection committee is making its recommendations to the Board of Directors. Grantees will be announced this Spring.



## Upcoming

Register now on Digital Cheetah to support our community partners through in-person and virtual volunteer opportunities. New opportunities are added each month, so check back often.



## New Year, New You 5k

The Physical Activity Committee assisted with the warm-up and cool-down for the JLNV's virtual 5k.

We hope you all had a blast!

